



The Patriot

One who loves his country
and zealously supports its
authority and interests



January - February, 2010

Commander's message

Comrades,

Welcome to the New Year. I want to send you hardy congratulations for the hard work you all have done for the Post. I have received many positive comments about the work our Post has done this year. The coming year will require we do more than last year. I know that we are up to the challenge. Several new members have stepped up to the plate and are ready to help. You can help by encouraging them and giving them support.

We have been honored with a visit from the VFW National Commander on Feb. 4, 2010 at 3pm. During our January meeting we will plan for a Post cleanup. Join us in making this a joyful event for all of us.

Your Post will be looking to have a fundraiser in the coming months. It will be for our general fund. We have not had one in a while and I look forward to all who donate of their time to make it a success.

Membership is going well. Take time to get to know our corps of transfers and new comrades. Their comments have been positive and I look forward to working with them. If there is a special project they are willing to participate in I am willing to let them take the reigns for any worthy cause.

2010 will bring challenges to our Post. I look forward to taking on those challenges with our membership. With my comrades all challenges can be overcome.

Semper Fi

Your Comrade in Arms,
Jesse Mendoza

Ladies Auxiliary President's message

Sisters and Brothers,

Our fundraiser in November, Veteran's Day activities, Thanksgiving Day, Garner Christmas parade, children's Christmas Party and Candlelight Memorial were all huge successes. Thus, yet another year has come to an end and we have much to be proud of. The coming year can afford you many opportunities to enhance our Post and community, so come to the meetings, bring your new and fresh ideas and let your voice be heard.

Though this has been a difficult year for us in many ways, we have many wonderful memories and I hope everyone had a wonderful holiday. May peace be with you and yours.

Happy New Year!

Teena Barbour

National President's Visit

The Ladies Auxiliary National President Jan Tittle is coming to North Carolina. Visit headquarters will be at the Best Western Silver Creek Inn, 801 Cedar Point Blvd., Swansboro, NC. Phone (252) 393-9015 for reservations. The overflow hotel is the Parkerton Inn, 1184 Highway 58, Swansboro. Phone (252) 393-9000.

Ms. Tittle, a native of South Carolina, arrives on Friday, Feb 26, and leaves on Monday, March 1. Make your plans now to join us to meet and spend time with this lovely lady.

2009-2010 Officers

VFW Officers

Commander	Jesse Mendoza
Sr. Vice Comdr	Mark Judson
Jr. Vice Comdr	Daniel Morrison
Quartermaster	Tom Morey
Chaplain	Clarence Hayes
Adjutant	Jim Greene

Ladies Auxiliary Officers

President	Teena Barbour
Sr. Vice Pres	Joy Clifton
Jr. Vice Pres	April Honeycutt
Treasurer	Gerri Griggs
Chaplain	Ann Barnhouse
Secretary	Denise Trainer

Men's Auxiliary Officers

President	Scott Hood
Sr Vice Pres	Jim Backlund
Treasurer	Russ Marcom
Secretary	Robert Smolensky

Newsletter Editor: Helen Carter (779-6314) Post Home: 772-1062
House Committee: Ken Skinner, Allen Daniels, Ron Ryhal

Cootie Corner



The next Grand meeting of the MOC and MOCA will be hosted by Pup Tent 14 in New Bern, NC on Jan 8-9. Reservations can be made at the Bridge Pointe Hotel, 101 Howell Rd, New Bern. Make your reservations now by calling 252-636-3637, and plan to be there on Saturday morning for the hospital visit before the meeting.

Chaplain's message

Yesterday, Today and Tomorrow

Psalm 90: 1-2:4 - for a thousand years in Thy sight are but as yesterday when it is past, and as a watch in the night.

How many of us are always looking at our past life and all the things and accomplishments that we have done? That was yesterday. A lot of us try to live on our own past.

Today we live to learn and to do unto others the things and knowledge we have to them and that come after us. For tomorrow we are hoping for a good outcome for life. For all our yesterdays, todays and tomorrow, if we keep on looking to and talking to our God, we will get along very good.

For each and every one of us, we have to know where we will spend eternity -- Heaven or Hell. They are real. Our life on earth determines which one we will inherit. It won't be luck. Do your best.

God Bless all of you
Clarence Hayes (Padre)

Steak Night and Birthday Nights are back

Both the Steak Night and the Birthday party are back now that the holiday schedule is over. This month, since the first Friday is New Year's Day, we will not have a steak night, but after that, things are back to normal.

Steak nights are the first Friday of the month, serving dinner from 6:00 to 8:00 PM. Cost is \$12 per person, eat in or take out. Then we have a Fish Fry on 3rd Friday of each month, from 6:00 to 8:00 PM. Please come for both each month if possible.



Men's' Auxiliary President's message

Members,

Happy New Year Brothers,

We have had the usual busy end of the year festivities. Aside from the finishing up of the shrimp sale, we have had the Thanksgiving turkey/Christmas ham raffle, two parades, kids Christmas party, and still ongoing peanut sales at the canteen. Not to mention helping with the fish fries and steak nights. Thanks to all who helped.

Also, ongoing we have had 4 venison hams donated to us to serve as a fund raiser. Cliff graciously cooked them for us and they are cut and ready for serving as sandwiches or bowls of meat. Our suggested donations are \$2 for a sandwich and \$5 for a bowl. Anyone interested in helping serve call me at 661-2557.

The Men's Auxiliary is also in the planning stages of setting up a computer system at the Post for members to use. It will be connected to the internet and a printer. Hopefully, those looking for work or needing information on veterans affairs will find it helpful.

Remember our winter meetings are being held at the Post on the Sunday following the general meeting. This may be the 2nd or 3rd Sunday please pay attention to the calendar. If in doubt, call the Post. We will discuss moving the meeting back to after the General meeting in March.

As a final note, here is a quote from something I read that I hope will have meaning to all of you.

"The words I and Love and You are the watermark of humanity. Strung together, they convey our deepest sense of humility, of power, of truth. It is our most common sentiment, even as the feeling of it is so infinitely uncommon; each to proclaim these three little words with his or her very own heart and mindset of reason (or lack thereof); a proclamation completely and perfectly new each time it is offered. Uttered daily and nightly by millions, the words are said in an unending array of circumstances: whispered to the newborn in a new mother's arms; shared between best friends on the playground; in the form of sympathy - said by a girl to a boy as the respect continues but the relationship does not. It is said too loudly by parents to embarrassed children in the company of their friends, and by grown children - to their fading parents in hospital beds." -- The Avett Brothers

Food for thought.

Best Regards,
Scott Hood, President

Welcome new members

Please say welcome to these fine members who joined (or rejoined) our local family over the past two months:

Post:

Don Joliet
William Ridgeway
Gene Jordan
Robert Macrae
Dana Phillips
Bobby Carpenter

Men's Auxiliary:

Randy Bradley

Ladies Auxiliary:

Sharon Jurin
Elaine Hamm
Carla Parker
Linda Ridgeway
Jessica Lee

VFW Hospital visit scheduled

The Post and Auxiliaries will be hosting a hospital visit to the Durham VA Medical Center to entertain the patients on Wednesday, Jan 6th. Please come and join us as we play BINGO at our veterans in the Long Term Care Center section of the Medical Center.



We will be leaving the Post at 6:00 PM, so if you come there, we can carpool. If you live in North Raleigh, Anna Holm has offered to transport people from there. So if that is your situation, give her a call at 210-3268, or meet us at the VAMC lobby at 6:45, or come straight to the 2nd floor dining room.

Ladies Auxiliary Cancer insurance due

As most Ladies Auxiliary members know, the National organization provides Cancer Grants to all current members who are stricken with cancer. This program allows for up to two cancer grants in a lifetime. The program is funded by donations across the nation through our national Cancer Aid and Research program.

In addition, our Auxiliary also administers a separate Cancer Insurance program. Participation is also covered by a portion of your annual membership dues. However, for Life Members, coverage in this insurance is not included in your dues. Therefore, to be covered, you need to pay the annual fee of \$10. Premiums are due each February. So if you want to be covered, send your check today to our Auxiliary Treasurer Gerri Griggs, in care of the Post.

State Council Meeting

The Winter State Council meeting and promotion of programs will be held Feb 5-7 at the North Raleigh Hilton Hotel. The Council meetings will be on Friday afternoon, followed by the banquet that evening, and the Promotion of programs will be on Saturday. Join us as we welcome our guests, National Commander-in-Chief Tommy Tradewell, and National Auxiliary Sr. Vice President Cortina Barnes, and all officers and members from around the state.

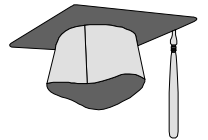
National Commander's visit

VFW National Commander-in-Chief Tommy Tradewell is coming to Garner. While he is in Raleigh for the State Council meeting, he will make a stop at our Post on Thursday, Feb 4 at 3:00 PM. Come and meet the current leader of our National organization in person, and get to hear him speak with our members.

Tradewell, from Wisconsin, is a US Army veteran of the Vietnam War, having served there in 1966-68.

Scholarships Available

Do you have a child or grandchild who is a senior in a NC high school and who plans on attending a NC college? If so, they can apply for one of several college scholarships offered by the state VFW and Auxiliary each year. Preliminary applications are due to the State chairmen by February 15th. If you need details or the two application forms (one for the Auxiliary scholarship and one for the VFW scholarship), contact Helen Carter.

**District Meeting Planned**

The next District 7 meeting will be scheduled shortly and will likely be some time in January or February. Watch the Post website for the details once it is scheduled.



Veterans of Foreign Wars & Auxiliaries
South Wake County Post 10225
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Garner, North Carolina 27529
Post web site: www.vfw10225.org

Non Profit Organization
Bulk Rate
US Postage Paid
Garner, NC
Permit No. 40



The Patriot



The value of a \$20.00 bill

A well-known speaker started off his seminar by holding up a \$20.00 bill. In the room of 200, he asked, "Who would like this \$20 bill?" -- Hands started going up.

He said, "I am going to give this \$20 to one of you but first, let me do this. He proceeded to crumple up the \$20 dollar bill.

He then asked, "Who still wants it?" -- Still the hands were up in the air.

Well, he replied, "What if I do this?" And he dropped it on the ground and started to grind it into the floor with his shoe. He picked it up, now crumpled and dirty. "Now, who still wants it?" -- Still the hands went into the air.

My friends, we have all learned a very valuable lesson. No matter what I did to the money, you still wanted it because it did not decrease in value. It was still worth \$20.

Many times in our lives, we are dropped, crumpled, and ground into the dirt by the decisions we make and the circumstances that come our way. We feel as though we are worthless.

But no matter what has happened or what will happen, you will never lose your value. Dirty or clean, crumpled or finely creased, you are still priceless to those who DO LOVE you.

The worth of our lives comes not in what we do or who we know, but by WHO WE ARE and WHOSE WE ARE.

Know your worth – and the worth of others.